

## Janis DeLuca Testimonials

The wisdom that flows through Janis is both ancient and fresh, intensely potent and gentle, mysterious and resonating. Her guidance invites and holds individual authenticity and a comfort of being deeply connected to the circle of women. The safety of the circle allowed for some of my deepest shame, joy, love, and fear to be expressed with no judgment, only pure acceptance. What an opportunity this was to be so completely revealed and received for who I am. It was an honor to hold witness to another sister unfolding into and revealing her authentic radiance.

Rather than forcing or trying to get to some enlightened state of feminine spiritual power for me, it was an opportunity to relax into the pure sacredness or "being" woman.

The greatest gift of the experience was what came home with me. I returned to my life with a softness I had been yearning for, a deep loving receptivity to all beings and most especially to my Beloved.

Admittedly, this work turned me on beyond what my partner and I had ever experienced before. He and I both look forward to Janis' next offering of ***The Women's Temple!***

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When I entered ***The Women's Temple***, I hesitated for a moment, wondering if this was the right place, the safe place, the growing, embracing place---IT WAS! After ***The Women's Temple*** transformative workshop, I was able to stand nude in the circle of my peers, letting my art group practice their figure drawing skills. I felt blessed and full of peace. My experience in the temple deepened the connection to my physical body and allowed me to stand in the vulnerability of nakedness showing my imperfect, perfect body. This experience rippled through each artist, bringing a conscious awareness of their own sacred bodies; we were all changed.

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I yearned for a long time to sit with a wise woman that could hold a practical and personal presence while simultaneously I knew she was sourcing that ancient place of woman's wisdom where my precious essence could seed and grow. I am grateful to share I found that place with Janis.

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Her gift for creating a safe container for each woman to unfold is a rare treasure.

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It has been my privilege to participate in Janis DeLuca's ***Women's Temple***. Janis' extraordinary ability to facilitate the creative, the chaotic and the nuanced energies opened the space for me to come in contact with a wellspring of feminine strength. A refreshing and revitalizing experience. I highly recommend it! I have included my poem inspired by this work:

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Janis emanates deep compassion and unconditional love... she reminds me to honor who I am.

(Janis DeLuca Testimonials, cont. )

Janis is a spiritual midwife, it feels like she has done this many life times... a priestess.

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One of the few workshops where women can experience the divine feminine and her connection to the body through the "feminine". So many workshops lack the experiential and deep healing ***The Women's Temple*** provides.

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Sacred, delicious, inviting, penetrating, healing, and soul nourishing...

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Life changing, empowering, one of the best gifts you could give yourself.

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The shame, blame, and guilt I have held around my sexuality has been transformed to reverence, compassion and celebration.

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Working with Janis literally saved me at a very difficult time in my life. I feel this quote by Audre Lorde best describes her work:

"When I speak of the erotic, then I speak of it as an assertion of the life force of women, of that creative energy empowered, the knowledge and use of which we are now reclaiming in our language, our history, our dancing, our loving, our work, our lives."

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This work nourishes what is deepest and most abiding in us as women...I felt a deep peace that I can still touch in to after several years.

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Sexuality has become more personal in that I now have a loving relationship with myself.

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One of the most gifted healers I have met...I always feel safe and loved in her presence.